

The **MYCOSYN** dosing schedule for cleansing and maintaining the health and function of the colon and gastrointestinal system is as follows:

1st week:

Two capsules twice daily.

2nd week:

Three capsules twice daily.

3rd week:

Four capsules twice daily.

4th week:

Five capsules twice daily.

The capsules should be taken after a meal or between meals with plenty of liquid - preferably spring water.

If this regimen yields the desired effect during the first and the second week, it is not necessary to increase the dose during the next two weeks. Once the four week program has been completed, a maintenance treatment for one month is recommended with three capsules daily. An empirical way to determine if the large intestine or the gastrointestinal system is "clean", is to take a meal with only carrots or beetroot. The time needed for food to pass through a balanced digestive system is 8-12 hours.

Food supplements should not be used as a meal replacement. Do not exceed the recommended daily dose.

DOES NOT CONTAIN:

Gluten, Wheat, Lactose, Preservatives, Dyes and Yeast.
No added sugar.

ONLY FOR MEDICAL / SCIENTIFIC INFORMATION



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MYCOSYN

Program for the cleansing of the colon and gastrointestinal tract aiming to restore and maintain health.

MYCOSYN

Poor nutrition, drugs, chemicals and other factors tend to clog the intestinal tract and prevent the smooth functioning of the gastrointestinal system.

The nutrients are not sufficiently absorbed and foods that are not digested properly in the stomach and intestines create toxins.

MYCOSYN aims to restore the normal functioning of the digestive tract providing natural hypoallergenic fiber.

The fiber ensures a healthy digestive system because it promotes rapid passage through the gut and is considered a cleaning agent.

MYCOSYN contains Psyllium combined with Vitamin C, kelp, Aloe Vera concentrate, as well as a series of herbs which traditionally contribute to a deeper and more demanding "cleansing" of the bowel.



Moreover, the minerals help the balance of the electrolytes, which are important for the movement of fluids and minerals across the cell membranes. The minerals are all in the form of citrate salts which are more bio-available.

Furthermore, a large amount of bioflavonoids and lactobacilli have been added to ensure the maintenance of a positive balance of "friendly" bacteria in the intestinal tract.

COMPOSITION

Aloe Vera (200 x Concentrate) 2 mg, Citrus Bioflavonoids 5 mg, Vitamin C (Ascorbic Acid) 100 mg, Calcium (Citrate) 4,2 mg, Cloves (Syzygium Aromaticum) 15 mg, Cornsilk (Zea Mays) 15 mg, Ginger Root (Zingiber Officinale) 15 mg, Kelp (Ascophyllum Nodosum) 15 mg, Magnesium (Citrate) 3 mg, Plantain (Plantago Major) 15 mg, Potassium (Citrate) 7,2 mg, Psyllium Husk (Plantago Ovata) 150 mg, Rhubarb Root (Rheum Palmatum) 15 mg, Yerba Mate (Ilex Paraguarensis) 15 mg, Lactobacillus Acidophilus (10 Billion) 7,5 mg.

